

Monthly Happenings Gazette

September 2023

Greetings Alabama and Arkansas Drug-Free Communities (DFC) Coalitions.

Welcome to the **Monthly Happenings Gazette**; our monthly snapshot resource for highlighting and sharing current events, announcements, learning opportunities, resources and **YOUR** coalition's success stories. Please note that this is NOT a formal Centers for Disease Control and Prevention (CDC), DFC or Office of National Drug Control Policy (ONDCP) approved gazette, but a safe space for sharing resources and other information that others may find useful.

Starting in October, I will be connecting with coalitions within my portfolio who may be interested in a **brief 45-minute "pulse check" call**. This opportunity will allow us to chat one-on-one so that I can hear more about your coalition and community. **Note that these calls are OPTIONAL.**

Our reminders for the month of September are as follows:

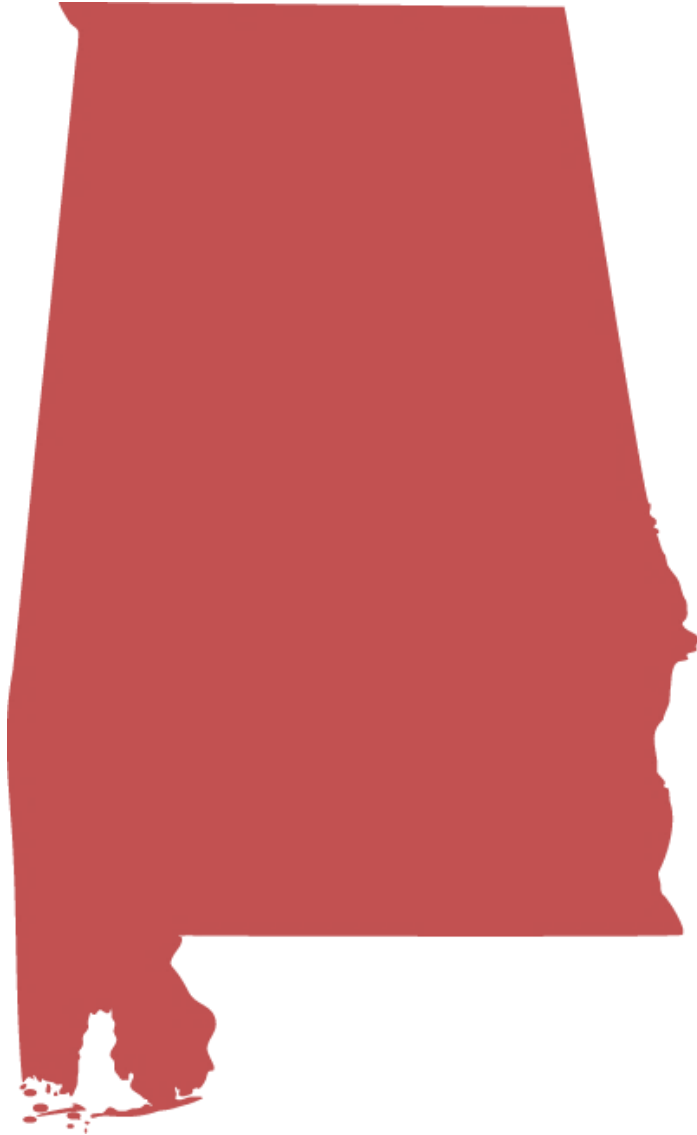
- For programmatic questions and concerns, feel free to contact me, your assigned Project Officer.
- Contact your assigned Grants Management Specialist (GMS) with questions and concerns regarding day-to-day fiscal and grants management topics. Be sure to CC me on emails for my awareness.
- Include your grant number in the Subject Line of all emails.
- **Notify myself and your GMS of immediate key personnel changes.**
- **Be sure that your coalition is drawing down its DFC funds at least quarterly from the Payment Management System (PMS).**
- Continuously check DFC and CARA Me to ensure all requirements are met.
- Reach out to peers and other DFC coalitions to seek out solutions, share information, and COLLABORATE!

Happy Reading!

~ Bianca

Hey

September



Alabama Coalitions

- [Addiction Prevention Coalition](#) – Birmingham, AL
- [Alabaster for Tomorrow](#) – Alabaster, AL
- [Children's Policy Council of Dallas County, Alabama Inc.](#) – Selma, AL
- [Drug Free Andalusia](#) – Andalusia, AL
- [Impact Montevallo](#) – Montevallo, AL
- [Safe and Healthy Homewood](#) – Homewood, AL



Arkansas Coalitions

- [Boone County Substance Abuse Prevention Coalition](#) – Harrison, AR
- Cross County Hometown Health Coalition – Wynne, AR
- [Drug-Free Ashley County Coalition](#) – Crossett, AR
- Independence County Hometown Wellness Coalition – Batesville, AR
- [Approaching Crisis Through Intervention & Education \(ACTIVE\) Coalition](#) – El Dorado, AR
- [NWA Tobacco and Drug Free Coalition](#) – Springdale, AR



Current Events

- [20% of people with opioid use disorder get medication, study shows](#)
- [Americans View Marijuana As Safer Than Alcohol And Cigarettes As Rates Of Cannabis Use Surpass Tobacco Smoking, Gallup Poll Finds](#)
- [Conversion therapy, not hormones, linked to suicide in trans youth](#)
- [Disordered Sleep Linked to Increased Risk of Suicide in Youth](#)
- [Rise in fentanyl-related overdoses is 'a troubling reality'](#)
- [Suicide deaths reached a record high in the US in 2022, provisional data shows](#)
- [Summer camps see rise in mental health issues among kids](#)
- [The Youth Mental Health Crisis Worsens amid a Shortage of Professional Help Providers](#)
- [Two Thirds Say They or Family Affected by Substance Use](#)
- [What's behind the increase in overdose deaths for Black Americans?](#)
- [Youth suicide rates are up in communities of color](#)



**Don't
miss it**

Future Happenings

Deadlines and Deliverables

- **Annual CARA Federal Financial Report (FFR)** – The annual FFR for the CARA grant will be due at the end of September 2023. Contact your assigned Grants Management Specialist (GMS) for more information.
- **Annual DFC FFR** – The annual FFR for the DFC grant will be due at the end of December 2023. Contact your assigned GMS for more information.

Webinars and Conferences

- [Building Health Equity and Inclusion](#) – Developed by the Prevention Technology Transfer Center (PTTC) Culturally & Linguistically Appropriate Practices Work Group, this compilation of PTTC Network-produced recorded webinars and materials help people understand how prevention efforts are impacted by culture and identity.
- [Considering the Associations Between Substance Use and Suicide](#) – Hosted by the Pacific Southwest PPTC, this webinar will consider alcohol-related risk factors for suicide, and review recent literature on the associations between cannabis use disorder and suicide risk. **The webinar will be held on Thursday, September 7, 2023 from 3:00pm to 4:30pm Pacific Time.**
- [Understanding Stress and Substance Use among LGBTQ+ Adolescents](#) – Hosted by the South Southwest PTTC, this webinar will discuss how LGBTQ+ adolescents are impacted by stress at the intersection of substance misuse. **The webinar will be held on Friday, September 22, 2023 from 10:30am to 12:00pm Central Time.**

Articles

- Donaldson, C., Stupplebeen, D., Wilkinson, M., Zhang, X., & Williams, R. (2023). Intersectional Disparities in Youth Tobacco Use by Sexual and/or Gender Minority Status and Race and/or Ethnicity. *Nicotine & Tobacco Research*, 25(5), 898-907. <https://doi.org/10.1093/ntr/ntac264>
- Kwon, M., Seo, Y., Park, E., & Chang, Y. (2021). Association Between Substance Use and Insufficient Sleep in U.S. High School Students. *Journal of School Nursing*, 37(6), 470-479. <https://doi.org/10.1177/1059840519901161>
- Pless, V., McClure, J., Davis, M., Farfalla, J., Onufrey, Y., Humm, K., Ranade, R., & Terzian, M. (2023). Reducing Overdose Through Policy Interventions: ASTHO's Recommendations for State and Territorial Health Officials and Agencies. *Journal of Public Health Management and Practice*, 29(5), 748-752. DOI: [10.1097/PHH.0000000000001799](https://doi.org/10.1097/PHH.0000000000001799)
- Thompson, K., Holley, M., Sturgess, C., & Leadbeater, B. (2021). Co-Use of Alcohol and Cannabis: Longitudinal Associations with Mental Health Outcomes in Young Adulthood. *International Journal of Environmental Research and Public Health*, 18(7), 1-11. <https://doi.org/10.3390/ijerph18073652>



Tools and Resources

- [988 Suicide & Crisis Lifeline Partner Toolkit](#) (Spanish resources available)
- [3rd Millennium Classrooms Curriculum](#)
- [ASTHO's Adverse Childhood Experiences Prevention Policy Toolkit](#)
- [DEA's National Take Back Day Partnership Toolkit](#)
- [Mental Health America's Selfies, Social, And Screens: Navigating Virtual Spaces For Youth Toolkit](#)
- [National Council for Mental Wellbeing's Guide for Partnering with Schools to Improve Youth Mental Health](#)
- [National Institute of Mental Health's \(NIMH\) Digital Toolkit for Back to School](#)
- [Overdose Response Strategy](#)
- [SAMHSA's Prevention Suicide: A Toolkit for High Schools](#)

Monthly Playlist:

- September – Earth, Wind and Fire
- Wake Me Up When September Ends – Green Day

Project Officer Contact Information:



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DISCLAIMER: The Monthly Happenings Gazette is published by Bianca Anderson. THIS IS NOT a CDC, DFC or ONDCP endorsed product, and the views of this gazette do not represent those of CDC, DFC, or ONDCP.

A photograph of a dirt path winding through a forest with trees in full autumn foliage. The leaves are in shades of orange, red, and yellow. The path is covered in fallen leaves and leads into the distance.

Fall teaches us that
change can be beautiful.