# Monthly Happenings Gazette June 2023

Greetings Alabama and Arkansas Drug-Free Communities (DFC) Coalitions.

Welcome to the Monthly Happenings Gazette; our monthly snapshot resource for highlighting and sharing current events, announcements, learning opportunities, resources and YOUR coalition's success stories. Please note that this is NOT a formal Centers for Disease Control and Prevention (CDC), DFC or Office of National Drug Control Policy (ONDCP) approved gazette, but a safe space for sharing resources and other information that others may find useful.

It's almost time.. Summer Time! As we head into these summer months, I want to THANK YOU all for your work and dedication to the youth and communities you serve.

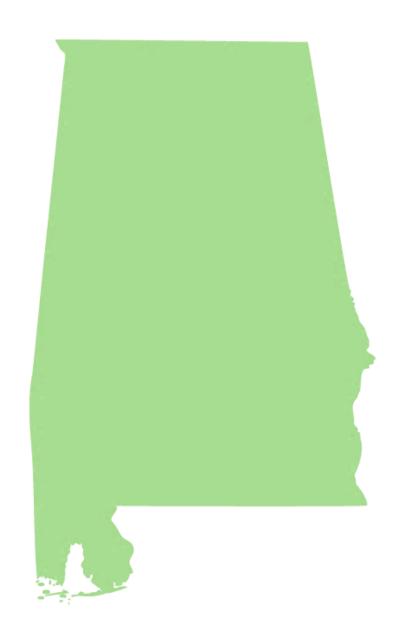
Our June reminders are presented below:

- For programmatic questions and concerns, feel free to contact me, your assigned Project Officer.
- Contact your assigned Grants Management Specialist (GMS) with questions and concerns regarding day-to-day fiscal and grants management topics. Be sure to CC me on emails for my awareness.
- Include your grant number in the Subject Line of all emails.
- Notify myself and your GMS of immediate key personnel changes.
- Continuously check DFC and CARA Me to ensure all requirements are met.
- Reach out to peers and other DFC coalitions to seek out solutions, share information, and <u>COLLABORATE</u>!

Happy Reading!

~ Bianca





## **Alabama Coalitions**

- Addiction Prevention Coalition Birmingham, AL
- Alabaster for Tomorrow Alabaster, AL
- Children's Policy Council of Dallas County, Alabama Inc. Selma, AL
- Drug Free Andalusia Andalusia, AL
- Impact Montevallo Montevallo, AL
- Safe and Healthy Homewood Homewood, AL



### **Arkansas Coalitions**

- Boone County Substance Abuse Prevention Coalition Harrison, AR
- Cross County Hometown Health Coalition Wynne, AR
- Drug-Free Ashley County Coalition Crossett, AR
- Independence County Hometown Wellness Coalition Batesville, AR
- Mental Health, Substance and Drug Abuse Coalition El Dorado, AR
- NWA Tobacco and Drug Free Coalition Springdale, AR

## **Current Events**

- 41% of surveyed LGBTQ+ youth considered suicide in the past year
- Adolescent mental health shows signs of improvement but remains a crisis, CDC reports
- Almost a Third of High-School Girls Considered Suicide in 2021
- Among People at Risk of Opioid Overdose, Black Patients Much Less Likely to Get Treatment
- As rates of suicide for Native American youth increase, culture is key to prevention
- Detroit's east side sees high number of OD deaths, volunteers hand out Narcan kits
- Fentanyl overdose deaths surged 279% since 2016 while heroin deaths fell: CDC
- Marijuana linked to mental health risks in young adults, growing evidence shows
- Marijuana Use Implicated in Almost a Third of Cases of Schizophrenia in Young Men
- Psychosis, suicidal thoughts, scream-vomiting: Alarm sounded about high-potency THC products
- U.S. drug overdose deaths, fueled by synthetic opioids, hit a new high in 2022
- <u>U.S. Surgeon General Cites Loneliness As Serious Mental</u> <u>Health Hazard In New Report</u>
- UChicago study finds more evidence that social determinants of health closely linked to suicide risk





# Future Happenings

#### **Deadlines and Deliverables**

- <u>CADCA's 2023 Blue Ribbon Awards</u> Formerly called the Got Outcomes! Awards, this process nationally recognizes coalitions that create positive, long-lasting changes in their communities by implementing a comprehensive and feasible plan guided by local data. **Applications are due June 30, 2023.**
- <u>DFC Progress Report</u> The DFC Program is moving into an Annual Progress Reporting cycle. The next report will be due in August 2023 and will cover a reporting period of August 1, 2022, to July 31, 2023. Be sure to check your DFC and CARA *Me* profiles to ensure that all requirements are met. Data entry can begin now.

#### **Webinars and Conferences**

- CADCA's 22nd Annual Mid-Year Training Institute This year's Mid-Year will be held in Dallas, TX from July 16-20, 2023.
- <u>CADCA's Webinar Wednesday: Trauma 101 The Impact of ACEs</u> Held in January 2023, this condensed version of Trauma 101 provided
  a foundational overview and awareness of trauma: ACEs, resilience, and trauma-informed care for anyone in the community who interacts
  with individuals and families who may have experienced trauma.
- <u>The Intersection of Substance Misuse and Suicide Prevention</u> During this webinar, prevention experts at Carnevale Associates, LLC will explore the data and research on the intersection of substance use and suicide and cover identified evidence-based substance use prevention programs that address risk of suicide, and potential opportunities for collaborations that exist. **The webinar will be held on June 29, 2023, from 1:00pm to 2:30pm Central Time**.
- <u>Using ACE Data to Impact Substance Misuse Prevention</u> During this online session, presenters will demonstrate how ACEs data can be used to identify risk factors that contribute to substance misuse in a community and how the data can be used by prevention professionals to plan. *The webinar will be held on June 8, 2023, from 10:30am to 12:00pm Central Time*.



## Articles

- Liu, J., Chai, L., Zhu, H., & Han, Z. (2023). COVID-19 impacts and adolescent suicide: The mediating roles of child abuse and mental health conditions. *Child Abuse & Neglect*, 138, 1-11. <a href="https://doi.org/10.1016/j.chiabu.2023.106076">https://doi.org/10.1016/j.chiabu.2023.106076</a>
- Swan, M., Schwartz, S., Berg, B., Walker, D., Stephens, R., & Roffman, R. (2008). The Teen Marijuana Check-Up: An In-School Protocol for Eliciting Voluntary Self-Assessment of Marijuana Use. *Journal of Social Work Practice in the Addictions*, 8(3), 284-302. doi:10.1080/15332560802223305.
- Tremblay, M., Baydala, L., Khan, M., Currie, C., Morley, K., Burkholder, C., Davidson, R., & Stillar, A. (2020). Primary Substance Use Prevention Programs for Children and Youth: A Systematic Review. *Pediatrics*, 146(3), 1-22. <a href="https://doi.org/10.1542/peds.2019-2747">https://doi.org/10.1542/peds.2019-2747</a>
- Wharton, M., Islam, S., Abadi, M., Pokhrel, P., & Lipperman-Kreda, S. (2023). COVID-19 Restrictions and Adolescent Cigarette and Ecigarette Use in California. *American Journal of Preventive Medicine*, 64(3), 385-392. <a href="https://doi.org/10.1016/j.amepre.2022.09.014">https://doi.org/10.1016/j.amepre.2022.09.014</a>
- Ye, Z., Wu, D., He, X., Ma, Q., Peng, J., Mao, G., Feng, L., & Tong, Y. (2023). Meta-analysis of the relationship between bullying and depressive symptoms in children and adolescents. *BMC Psychiatry*, 23(215), 1-13. <a href="https://doi.org/10.1186/s12888-023-04681-4">https://doi.org/10.1186/s12888-023-04681-4</a>



## Tools and Resources

- CDC's Addiction Medicine Primer
- Moving Beyond Change Efforts: Evidence and Action to Support and Affirm LGBTQI+ Youth
- National Institute on Alcohol Abuse and Alcoholism's (NIAAA) Alcohol Screening and Brief Intervention for Youth: A
  Practitioner's Guide
- NIAAA's Short Takes Video Series
- Opioid Response Network
- Rural Health Information Hub's (RHI Hub) Rural Prevention and Treatment of Substance Use Disorders Toolkit
- SAMHSA's Find Support Website
- SAMHSA's Treatment for Suicidal Ideation, Self-Harm, and Suicide Attempts Among Youth
- Screen4Success feature of the "Talk. They Hear You." campaign mobile app
- Too Good Program
- U.S. Food and Drug Administration (FDA) Tobacco Education Resource Library

#### **Monthly Playlist:**

- Summer Breeze The Isley Brothers
- Summertime The Fresh Prince and DJ Jazzy Jeff
- Summer Madness Kool & The Gang

#### **Project Officer Contact Information:**



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**DISCLAIMER:** The Monthly Happenings Gazette is published by Bianca Anderson. THIS IS NOT a CDC, DFC or ONDCP endorsed product, and the views of this gazette do not represent those of CDC, DFC, or ONDCP.



# Rise above the storm and you will find the sunshine.

MARIO FERNÁNDEZ